

**First Year M.Sc Nursing Degree Supplementary Examinations
March 2021**

**Clinical Specialty – I
Mental Health (Psychiatric) Nursing – 1
(2016 Scheme)**

Time: 3 hrs

Max Marks: 100

- *Answer all questions to the point neatly and legibly • Do not leave any blank pages between answers • Indicate the question number correctly for the answer in the margin space*
- *Answer all parts of a single question together • Leave sufficient space between answers*
- *Draw table/diagrams/flow charts wherever necessary*

Long Essays:

1. Explain modified Electroconvulsive Therapy (ECT) in relation to indications, contraindications, electrode placement and mechanism of action. Discuss the role of nurse in pre, intra and post ECT care. (10+10)
2. Discuss the epidemiology of common mental disorders and explain the classification of mental disorders (15)

Short Essays:

(4x10=40)

3. Explain the legal role of a psychiatric nurse
4. Discuss the clinical manifestations of major depressive disorder
5. Types of substance use disorders
6. Describe moral development theory and its relevance to psychiatric nursing practice

Short Notes:

(5x5=25)

7. Transactional analysis
8. Principles and techniques of counselling
9. Standards of psychiatric nursing practice
10. Types of anxiety disorders
11. Catatonic schizophrenia
